

**HKHS
OCTOBER 2017 LUNCH MENU**



This institution is an equal opportunity provider."

**PIZZA AVAILABLE
DAILY**



**For a complete lunch
Choose Two Fruits, Two
Vegetables and Milk**

This menu is in full compliance with and meets all USDA regulations on school menu initiatives for healthy children. If you have any questions, please call Sharon at 860-345-4534 , ext. 1140. This menu is subject to change without notice.

A complete meal consists of 5 components
MEAT/ MEAT ALTERNATE - VEGETABLE -FRUIT-GRAIN and MILK

October Entrees

- October 2nd– Pork Riblets, Baked Beans,
- October 3rd– Chicken Tenders, Mashed Potatoes, Corn
- October 4th-Walking Taco, Brown Rice
- October 5th- Cheeseburger or Garden burger, Oven Fries, Cole Slaw
- October 6th-Breakfast Sandwiches, Potatoes
- October 9th– Columbus Day– No School
- October 10th-Calzone, Side Garden Salad
- October 11th– Loaded Baked Potato,
- October 12th-Chicken Enchilada Nacho's
- October 13th-Chicken Alfredo with a Twist, Salad
- October 16th-Chicken Tenders, Green Beans
- October 17th-Patsa w/ Meatballs, Caesar salad, Roll
- October 18th– Monte Carlo Sandwich, Smiley Fries
- October 19th– Fiesta Mac and Cheese Bowl, Vegetables
- October 20th-Popcorn Chicken, Cole Slaw, Fries
- October 23rd-ItalianBasket-Cheese Ravioli, Mozzarella Sticks, Roll, Salad
- October 24th-Hot dog, Baked Beans, Cole Slaw
- October 25th & 26th- Early Dismissal-No lunch Served
- October 27th-Pasta w/ Meat sauce, Salad, Roll
- October 30th-Waffles w/ Strawberries, Sausage, Potatoes
- October 31st- Buffalo Chicken Grilled Cheese, Roasted Vegetables

**Lunches above Include a Vegetable,
Fruit and Milk**

STUDENT LUNCH \$3.25

MILK \$0.60



**OCTOBER
SANDWICH
AND TOPPINGS BAR**

**THREE DAILY OFFERINGS
WEEKLY SPECIAL SANDWICH**

October 2-6-Chicken Patty

October 10-13-Steak

October 16-20-Pulled Chicken

October 23-27-Burger

October 30&31st– Meatball

SALADS

**PRE MADE SALAD OR
SALAD BAR MEAL \$4.00
INCLUDES FRUIT AND MILK**

