

# OCTOBER IS FARM TO SCHOOL MONTH!




MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

|  |   |  |   |   |
|--|---|--|---|---|
| <p>2.<br/>Hamburg on WW Roll, Smiley Fries,<br/> Sweet Corn<br/>Choice of Fruit</p> | <p>3.<br/>Cheese Ravioli<br/>Meatball, Side of Marinara Sauce<br/>Steamed Carrots<br/>Roll<br/>Choice of Fruit</p>  | <p>4.<br/>Wonderful Waffles/<br/>w/ Strawberries,<br/>Turkey Sausage,<br/>Breakfast Potato<br/>Choice of Fruit<br/>Milk</p>  | <p>5.<br/>Chicken Tenders,<br/><b>Tuscan Kale Cole Slaw</b><br/>Choice of Fruit</p>   | <p>6.<br/>Pizza<br/>Fresh Garden Salad<br/>Choice of Fruit<br/></p>  |
| <p>9..<br/><br/><i>Columbus Day</i></p>   | <p>10.<br/>Pasta w/ Meatballs,<br/>Marinara Sauce<br/>Side Caesar Salad,<br/>Choice of Fruit</p>  | <p>11.<br/>WG French Toast Sticks,<br/>Chicken Sausage Patty, Hash Brown Patty<br/>Choice of Fruit</p>                       | <p>12. <b>TRY IT YOU MAY LIKE IT DAY!</b><br/>Fiesta Mac and Cheese Taco Bowl w/ WG Tortilla Chips, Side Salad<br/>Frozen Treat</p> | <p>13.<br/>Pizza<br/> Fresh Roasted Vegetables<br/>Choice of Fruit<br/></p> |
| <p>16.<br/>WG Popcorn Chicken<br/>Smiley Fries,<br/>Peas,<br/>WG Biscuit<br/>Choice of Fruit</p>   | <p>17.<br/>Chicken Alfredo with a Twist<br/>Side Salad,<br/>Garlic Roll<br/>Choice of Fruit</p>   | <p>18.<br/>WW Pancakes,<br/>Chicken Bacon,<br/>Roasted Red Potatoes<br/>Choice of Fruit or Juice</p>                         | <p>19. <b>NEW Frito</b> Taco<br/>Lettuce, Tomato, Cheese, Salsa , Onions,<br/>Choice of Fruit</p>                                   | <p>20.<br/>Pizza- Cheese or Buffalo<br/>Green Beans<br/>Choice of Fruit<br/></p>  |
| <p>23.<br/>Hotdog<br/>Baked Beans<br/>Choice of fruit<br/></p>                    | <p>24.<br/>WG Rigatoni Pasta with Meat sauce,<br/>Garlic Stick,<br/>Fresh Garden Salad<br/>Choice of Fruit OR Juice</p>   | <p>25.<br/>Wonderful Waffles/<br/>w/ Strawberries,<br/>Turkey Sausage,<br/>Breakfast Potato<br/>Choice of Fruit<br/>Milk</p> | <p>26<br/>Mozzarella Sticks,<br/>Marinara Sauce,<br/>Peas,<br/>Choice of Fruit</p>  | <p>27.<br/><br/>Pizza<br/>Side Salad<br/>Choice of Fruit</p>   |
| <p>30.<br/>Chicken Patty Sandwich,<br/>Mixed Vegetables<br/>Choice of Fruit</p>  | <p><b>31.HALLOWEEN</b><br/><br/><b>Ghostly Good Menu</b><br/>Frankenstein Bites<br/>Jack O lantern Fries<br/>Corn Cobweb,<br/>Frightful Frozen Treat</p> |   |   | <p><b>Student Lunch</b><br/><b>\$3.00</b><br/><br/><b>Milk</b><br/><b>\$0.60</b></p>  |

# ELEMENTARY



A COMPLETE MEAL CONSISTS OF 5 COMPONENTS

MEAT/MEAT ALTERNATE/  
VEGETABLE/ FRUIT /GRAIN AND MILK

**HOT SANDWICH SELECTION**

OCT.2-6 HOTDOG

OCT. 10-13-CHICKEN PATTY

OCT. 16-20- BBQ RIBLET

OCT. 23-27- CHEESEBURGER

OCT 30 & 31-CHICKE PARMESAN



**OCTOBER 13<sup>th</sup>**  
**GET A FREE APPLE**  
**DURING SNACK**

**In celebration of Ct Grown for Ct. Kids Week**

 Corn Dogs, Smiley Fries,  
Corn, Frozen Treat